

September 2-6, 2024

Boston Collegiate Menu



Redi-Pax
Prepare for the unexpected

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	NO SCHOOL LABOR DAY	WG Muffin & Pineapple	WG Croissant & Fresh Fruit	WG Pancakes, Syrup & Fresh Fruit	WG Bagel, butter & Fresh Fruit
Hot Lunch		Chicken Nuggets, Confetti rice	WG Pasta with Meat Sauce	Roasted Chicken & WG yellow rice with corn	Sal's WG Pizza
Veggie Lunch		Vegetarian Dumplings, Brown Rice	WG Raviolis with marinara	WG Spanish Rice & Beans	Same as main meal
Cold Lunch		Buffalo chicken wrap with lettuce & tom	BBQ chicken Sandwich with cheddar	Italian Hoagie w/ Lett, tomato & mayo	Hummus & veggie Wrap with Cheese
Allergen Lunch		Grille Chicken Nuggets, Confetti rice	WG Pasta with Meat Sauce	Roasted Chicken & WG yellow rice with corn	Lentil Bolognese over WG pasta

September 9-13, 2024

Boston Collegiate Menu



Redi-Pax
Prepare for the unexpected

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	WG Muffin /Fresh Fruit	WG Bagel with butter & Fresh Fruit	WG French Toast Sticks & Apple Sauce	WG Croissant, Jelly & Fresh Fruit
Hot Lunch	Chicken Teri over WG Fried Rice	BBQ Pulled Chicken with WG Roll	Greek Turkey Meatballs with WG Pilaf	Asian Sesame WG Noodles with Black Beans and Chicken	Smashburger - WG roll
Veggie Lunch	White Bean Alfredo with WG Pasta	SWest Veggie Bowl - WG Rice, blk beans corn peppers, cheese & salsa	Farro with Feta, Kidney Beans, tomato	Asian Sesame Noodles with Black Beans & Tofu	Veggie Burger - Wg roll
Cold Lunch	Turkey & Cheese Sandwich with lett & tomato	Cool Ranch Chicken Salad sand. Lett & tom	Green Salad topped with Chicken, WG roll & dressing	Shredded jerk chicken wrap with lett & tom	All American Sub with ham, bologna, cheese,lett & tom
Allergen Lunch	Chicken Teriyaki with (EF) WG Fried Rice	BBQ Pulled Chicken with WG Roll	Greek Turkey Meatballs with WG Pilaf	Asian Noodles with Black Beans & chicken	Turkey Smashburger -GF roll

September 16-20, 2024

Boston Collegiate Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	WG Muffin & Pineapple Cup	WG Croissant & Chilled Peaches	WG Waffle & Apple Sauce	WG Bagel, butter & Fresh Fruit
Hot Lunch	Jamaican Beef Patty with WG Rice	Chicken parm with Italian style WG rice	Chicken Taco with Mexican rice	Brd Chicken Breast Sandwich on WG roll	Sal's WG Pizza
Veggie Lunch	Cilantro Lime Pinto Beans with red peppers & WG Rice	White Bean & Vegetable Quinoa	Bean & Cheese Burrito WG tortilla	Mexican lasagna with Cheddar WG tortilla	same
Cold Lunch	BBQ chicken & Cheddar wrap with pickles	Ham & cheese sandwich lett, tom & mustard	Tex Mex Chicken Rice bowl	BBQ Pork Bahn Min Sand with pickled vegetables	BLT Wrap with mayo
Allergen Lunch	Cilantro Lime Chicken w/ Rice	Grilled Chicken with marinara & WG Pasta	Chicken Taco with Mexican rice	Grilled Chix Sandwich on a WG roll	Shredded Jerk Chicken with WG Rice

September 23-27, 2024

Boston Collegiate Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG muffin & Fresh Fruit	WG Bagel with butter & Pineapple	WG Pancakes, Syrup & Fresh Fruit	WG Pancakes, Syrup & Fresh Fruit	
Hot Lunch	BBQ Chicken with Dirty Rice	Hot Hawaiian turkey Wrap with wg rice	Chicken & Cheese Quesadilla WG tortilla	Baked WG Mac & Cheese	NO SCHOOL
Veggie Lunch	Vegetable & cheese Frittata WG Rice	Same with pinto beans	Cheese & Veg quesadilla WG tortilla	same	
Cold Lunch	Turkey & Cheese Wrap with LT & fresh carrots	Veg & hummus Wrap with Cheese & fresh veg	Chicken Caesar Salad with wg roll & dressing	Chicken Fajita Wrap with Cheddar & fresh veg	
Allergen Lunch	BBQ Chicken with Dirty Rice	Hot Hawaiian turkey Wrap with wg rice	Chicken & rice burrito on corn tortilla	WG pasta with meat sauce	