



## Boston Collegiate December 2025 Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal (Honey Cheerios), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in milk only)</i>	Whole Grain Breakfast Bar, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat; Milk (in milk only)</i>	Whole Grain Muffin, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Bagel w/ Cream Cheese, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk</i>	Whole Grain Apple Bites, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat or</i> Whole Grain French Toast, Chicken Sausage Patty, Fruit, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
1	2	3	4	5
Whole Grain Cereal (Low Sugar Trix Cereal), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in Milk only)</i>	Whole Grain Granola & Yogurt, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk</i>	Whole Grain Breakfast Bun, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Muffin, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Croissant w/ Jelly, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
8	9	10	11	12
Whole Grain Cereal (Cinnamon Toast Crunch), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in Milk only)</i>	Whole Grain Breakfast Bar, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Whole Grain Muffin, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Bagel w/ Cream Cheese, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk</i>	Whole Grain Apple Bites, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
15	16	17	18	19
No Meals	No Meals	No Meals	Holiday - No Meals	No Meals
22	23	24	25	26
No Meals	No Meals	No Meals		
29	30	31		



## Boston Collegiate December High School Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets, Brown Rice, Sweet Potato Fries, Orange, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	American Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (in milk only)</i>	Grilled Cheese on Croissant, Potato Wedges, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>	Beef Nachos, Tortilla Chips, Black Beans & Corn, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Soy, Sunflower</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
1	2	3	4	5
Sweet Mango Chili Chicken Drumstick, Brown Rice, California Blend Vegetables, Orange, Fluid Milk <i>Allergens: Wheat, Milk (in milk only)</i>	Turkey Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Cheeseburger, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i>	Crispy Chicken Sandwich, Wheat Bun, Sweet Potato Wedges, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>
8	9	10	11	12
Honey Jerk Chicken, Cornbread Loaf, Green Beans & Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Jamaican Beef Patty, Cornbread Loaf, Stewed Beans, Apple, Fluid Milk <i>Allergens: MSG, Soy, Wheat, Milk, Egg</i>	Popcorn Chicken & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Pear, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>	3 Cheese Mac & Cheese, Carrots, Banana, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
15	16	17	18	19
No Meals	No Meals	No Meals	No Meals	No Meals
22	23	24	25	26



## Boston Collegiate December High School Vegetarian Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Chik'n Nuggets, Brown Rice, Sweet Potato Fries, Orange, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Vegetarian Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (in milk only)</i>	Grilled Cheese on Croissant, Potato Wedges, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>	Refried Bean & Cheese Nachos, Tortilla Chips, Black Beans & Corn, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Sunflower</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
1	2	3	4	5
Sweet Mango Chili Tofu, Brown Rice, California Blend Vegetables, Orange, Fluid Milk <i>Allergens: Soy, Milk (in milk only)</i>	Vegetarian Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Milk, Wheat</i>	Veggie Burger & Cheese, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i>	Crispy Chik'n Sandwich, Wheat Bun, Sweet Potato Wedges, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>
8	9	10	11	12
Honey Jerk Tofu, Cornbread Loaf, Green Beans & Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Veggie Fritters, Cornbread Loaf, Stewed Beans, Apple, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Popcorn Chik'n & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Pear, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i>	3 Cheese Mac & Cheese, Carrots, Banana, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
15	16	17	18	19
No Meals	No Meals	No Meals	No Meals	No Meals
22	23	24	25	26



## Boston Collegiate December High School Cold Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Southwest Black Bean & Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i>	Crispy Chicken Wrap w/ Romaine & Cheese, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Turkey-Ham & Cheddar Cheese Sandwich, Wheat Bun, Corn & Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i>
1	2	3	4	5
Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Buffalo-Ranch Chicken Dip, Whole Grain Tortilla Chips, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Sunflower</i>	Sunbutter & Jelly Sandwich, String Cheese, Whole Grain Goldfish, Carrots, Fruit, Fluid Milk <i>Allergens: Soy, Sunflower, Wheat, Milke</i>	Chicken Caesar Wrap, Whole Grain Tortilla, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Fish, Milk, Soy, Wheat</i>	Pizza Bento Box (WG Pita, Shredded Mozzarella, Turkey-Pepperoni & Marinara), Carrots, Fruit, Fluid Milk <i>Allergens: Milk, Wheat</i>
8	9	10	11	12
Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Curried Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Southwest Black Bean & Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i>	Crispy Chicken Wrap w/ Romaine & Cheese, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Turkey-Ham & Cheddar Cheese Sandwich, Wheat Bun, Corn & Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i>
15	16	17	18	19
No Meals	No Meals	Holiday - No Meals	Holiday - No Meals	Holiday - No Meals
22	23	24	25	26