



## Boston Collegiate December 2025 Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal (Honey Cheerios), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in milk only)</i>	Whole Grain Breakfast Bar, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat; Milk (in milk only)</i>	Whole Grain Muffin, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Bagel w/ Cream Cheese, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk</i>	Whole Grain Apple Bites, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i> or Whole Grain French Toast, Chicken Sausage Patty, Fruit, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
1	2	3	4	5
Whole Grain Cereal (Low Sugar Trix Cereal), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in Milk only)</i>	Whole Grain Granola & Yogurt, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk</i>	Whole Grain Breakfast Bun, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Muffin, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Croissant w/ Jelly, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
8	9	10	11	12
Whole Grain Cereal (Cinnamon Toast Crunch), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in Milk only)</i>	Whole Grain Breakfast Bar, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Whole Grain Muffin, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Whole Grain Bagel w/ Cream Cheese, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk</i>	Whole Grain Apple Bites, Clementine, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>
15	16	17	18	19
No Meals	No Meals	No Meals	Holiday - No Meals	No Meals
22	23	24	25	26
No Meals	No Meals	No Meals		
29	30	31		



## Boston Collegiate December High School Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets, Brown Rice, Sweet Potato Fries, Orange, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	American Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (in milk only)</i>	Grilled Cheese on Croissant, Potato Wedges, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>	Beef Nachos, Tortilla Chips, Black Beans & Corn, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Soy, Sunflower</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
1	2	3	4	5
Sweet Mango Chili Chicken Drumstick, Brown Rice, California Blend Vegetables, Orange, Fluid Milk <i>Allergens: Wheat, Milk (in milk only)</i>	Turkey Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Cheeseburger, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i>	Crispy Chicken Sandwich, Wheat Bun, Sweet Potato Wedges, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i>	Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i>
8	9	10	11	12
Honey Jerk Chicken, Cornbread Loaf, Green Beans & Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i>	Jamaican Beef Patty, Cornbread Loaf, Stewed Beans, Apple, Fluid Milk <i>Allergens: MSG, Soy, Wheat, Milk, Egg</i>	Popcorn Chicken & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Pear, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>	3 Cheese Mac & Cheese, Carrots, Banana, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>	Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i>
15	16	17	18	19
No Meals	No Meals	No Meals	No Meals	No Meals
22	23	24	25	26



## Boston Collegiate December High School Vegetarian Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chik'n Nuggets, Brown Rice, Sweet Potato Fries, Orange, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>1</p>	<p>Vegetarian Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (In milk only)</i></p> <p>2</p>	<p>Grilled Cheese on Croissant, Potato Wedges, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>3</p>	<p>Refried Bean &amp; Cheese Nachos, Tortilla Chips, Black Beans &amp; Corn, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Sunflower</i></p> <p>4</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>5</p>
<p>Sweet Mango Chili Tofu, Brown Rice, California Blend Vegetables, Orange, Fluid Milk <i>Allergens: Soy, Milk (in milk only)</i></p> <p>8</p>	<p>Vegetarian Meatballs w/ Red Sauce &amp; Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Milk, Wheat</i></p> <p>9</p>	<p>Veggie Burger &amp; Cheese, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i></p> <p>10</p>	<p>Crispy Chik'n Sandwich, Wheat Bun, Sweet Potato Wedges, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>11</p>	<p>Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>12</p>
<p>Honey Jerk Tofu, Cornbread Loaf, Green Beans &amp; Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>15</p>	<p>Veggie Fritters, Cornbread Loaf, Stewed Beans, Apple, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>16</p>	<p>Popcorn Chik'n &amp; Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Pear, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>17</p>	<p>3 Cheese Mac &amp; Cheese, Carrots, Banana, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>18</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>19</p>
<p>No Meals</p> <p>22</p>	<p>No Meals</p> <p>23</p>	<p>No Meals</p> <p>24</p>	<p>No Meals</p> <p>25</p>	<p>No Meals</p> <p>26</p>



## Boston Collegiate December High School Cold Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Turkey &amp; Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>1</p>	<p>Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>2</p>	<p>Southwest Black Bean &amp; Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i></p> <p>3</p>	<p>Crispy Chicken Wrap w/ Romaine &amp; Cheese, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>4</p>	<p>Turkey-Ham &amp; Cheddar Cheese Sandwich, Wheat Bun, Corn &amp; Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i></p> <p>5</p>
<p>Turkey &amp; Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>8</p>	<p>Buffalo-Ranch Chicken Dip, Whole Grain Tortilla Chips, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Sunflower</i></p> <p>9</p>	<p>Sunbutter &amp; Jelly Sandwich, String Cheese, Whole Grain Goldfish, Carrots, Fruit, Fluid Milk <i>Allergens: Soy, Sunflower, Wheat, Milk</i></p> <p>10</p>	<p>Chicken Caesar Wrap, Whole Grain Tortilla, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Fish, Milk, Soy, Wheat</i></p> <p>11</p>	<p>Pizza Bento Box (WG Pita, Shredded Mozzarella, Turkey-Pepperoni &amp; Marinara), Carrots, Fruit, Fluid Milk <i>Allergens: Milk, Wheat</i></p> <p>12</p>
<p>Turkey &amp; Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>15</p>	<p>Curried Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>16</p>	<p>Southwest Black Bean &amp; Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i></p> <p>17</p>	<p>Crispy Chicken Wrap w/ Romaine &amp; Cheese, Broccoli, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>18</p>	<p>Turkey-Ham &amp; Cheddar Cheese Sandwich, Wheat Bun, Corn &amp; Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i></p> <p>19</p>
<p>No Meals</p> <p>22</p>	<p>No Meals</p> <p>23</p>	<p>Holiday - No Meals</p> <p>24</p>	<p>Holiday - No Meals</p> <p>25</p>	<p>Holiday - No Meals</p> <p>26</p>