

# Boston Collegiate Charter School

## Upper School Hot Lunch Menu

### February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		WG Breaded Chicken Patty WG Waffles Whole Kernel Corn	Beef Mac n' Cheese Diced Carrots Baked Beans	Diced Chicken Alfredo Sauce WG Penne Pasta Broccoli Cuts
		Wango Mango Juice Mixed Fruit Craisins Syrup	Fresh Banana Orange Juice	Dragon Punch WG Breadstick Fresh Orange Craisins
		Contains: Wheat, Milk, Eggs	Contains: Wheat, Milk, may contain Eggs	Contains: Wheat, Milk, may contain Eggs
6	7	8	9	10
Cheese Pizza Dippers Marinara Sauce Green Beans	Sloppy Joe French Fries	WG Breaded Chicken Patty WG Waffles Mixed Vegetable Blend	Swedish Meatballs WG Penne Pasta Broccoli Cuts	Diced Chicken Jerk Sauce Brown Rice Black Beans
Diced Peaches Craisins	WG Hamburger Bun Fresh Orange Grape Juice Ketchup	Wango Mango Juice Fresh Apple Craisins Syrup	Fresh Baby Carrots WG Breadstick Fresh Banana Blended Fruit Juice	Dragon Punch WG Dinner Roll Mixed Fruit Craisins
Contains: Soy, Milk, Wheat, Eggs	Contains: Wheat	Contains: Wheat, Milk, Eggs	Contains: Wheat, Egg, may contain Soy	Contains none of the eight major allergens
13	14	15	16	17
Galaxy Cheese Pizza Green Peas Diced Carrots	Popcorn Chicken Mixed Vegetables Broccoli Cuts Brown Rice	Beef Taco Meat Brown Rice Pinto Beans Whole Kernel Corn	WG Chicken Nuggets Marinara Sauce w/Parmesan Green Beans	Salisbury Beef Brown Gravy Whipped Potatoes Diced Carrots
Fresh Apple	Diced Pears Craisins BBQ Sauce	WG Chocolate Chip Muffin Fresh Orange Blended Fruit Juice Salsa	WG Breadstick Applesauce Orange Juice	WG Dinner Rolls Fresh Banana Apple Juice
Contains: Soy, Milk, Wheat	Contains: Wheat, Soy	Contains none of the eight major allergens	Contains: Soy, Wheat, Mlik	Contains: Soy
20	21	22	23	24
NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION
27	28			
Mini WG Corn Dogs Sweet Potato Tots Broccoli Cuts	WG Chicken Tenders Tater Tots			
Fresh Banana Orange Juice Mustard	Wango Mango Juice WG Dinner Roll Fresh Apple Ketchup			
Contains: Soy, Wheat, Eggs	Contains: Wheat, Soy			

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

# Boston Collegiate Charter School Upper School Vegetarian Lunch Menu February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		WG Bean & Cheese Burrito Whole Kernel Corn	Cheese Pizza Dippers Marinara Sauce Lima Beans	Garbanzo Beans Alfredo Sauce WG Penne Pasta Broccoli Cuts
		Wango Mango Juice	Fresh Banana	Dragon Punch
		Mixed Fruit	Orange Juice	WG Breadstick
		Craisins		Fresh Orange
				Craisins
		Contains: Wheat, Soy, Milk	Contains: Soy, Milk, Wheat, Eggs	Contains: Wheat, Eggs, Mlik
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Galaxy Cheese Pizza Diced Carrots Green Beans	Cheesy Penne Bake French Fries	WG Vegetarian Nuggets WG Waffles Mixed Vegetable Blend	WG Bean & Cheese Burrito Diced Carrots Broccoli Cuts	WG Vegetarian Nuggets Jerk Sauce Brown Rice Black Beans
Diced Peaches	WG Chocolate Chip Muffin	Wango Mango Juice	Fresh Banana	Dragon Punch
Craisins	Fresh Orange	Fresh Apple	Blended Fruit Juice	WG Dinner Roll
	Grape Juice	Craisins		Mixed Fruit
	Ketchup	Syrup		Craisins
Contains: Wheat, Milk, Soy	Contains: Wheat, Milk, Eggs	Contains: Wheat, Milk, Eggs, Soy	Contains: Wheat, Soy, Milk	Contains: Wheat, Soy
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Vegetarian Burger Sliced Cheese Green Peas Diced Carrots	WG Vegetarian Nuggets Mixed Vegetable Blend Broccoli Cuts Brown Rice	Egg & Cheese Bagel Pinto Beans Whole Kernel Corn	Garbanzo Beans Marinara Sauce w/Parmesan Green Beans WG Penne Pasta	WG Bean & Cheese Burrito Tater Tots Diced Carrots
WG Hamburger Bun	WG Goldfish Crackers	WG Tortilla Chips	WG Breadstick	Fresh Banana
Fresh Apple	Diced Pears	Fresh Orange	Diced Peaches	Apple Juice
Ketchup	Craisins	Blended Fruit Juice	Orange Juice	Ketchup
	BBQ Sauce			
Contains: Wheat, Milk, Soy	Contains: Wheat, Soy	Contains: Wheat, Egg, Milk	Contains: Wheat, Eggs, Mlik	Contains: Wheat, Milk, Soy
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION	NO SCHOOL FEBRUARY VACATION
<b>27</b>	<b>28</b>			
Egg & Cheese Bagel Sweet Potato Tots Broccoli Cuts	WG Bean & Cheese Burrrito Tater Tots			
Fresh Banana	Wango Mango Juice			
Orange Juice	Fresh Apple			
	Ketchup			
Contains: Wheat, Egg, Milk	Contains: Wheat, Milk			