

*All meals meet the USDA Lunch guidelines - All breads, rice, pasta are WG/WGR
Milk is served Lunch. 1%, Skim or Lactaid
Due to the disruption in the Global Supply Chain, menu is subject to change without notice.*

February 3rd to 7th Boston Collegiate Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	Muffin, 100% Juice Box & Fruit	Sausage and Cheddar Breakfast burrito with onions & peppers served with Fresh Fruit	Fruit, Granola Yogurt Parfait	WG Pancakes w/ Syrup & Fresh Fruit
Hot Lunch	Jamaican Beef Pattie & coconut Rice	Cheese Raviolis with Bolognese sauce	Cheese Steak Sub on a WG Hoagie	Oven Fried Chicken Wings with Confetti Rice	Fresh-Pax French Bread Pizza with Pepperoni
Veggie Lunch	Jamacian Veggie Pattie & coconut Rice	Cheese Raviolis with Marinara sauce	Bean curd & tofu Teriyaki Stir Fry over Fried Rice	Seasoned Pinto Beans with Rice	Fresh-Pax French Bread Pizza
Allergen Lunch	Jamacian Beef Pattie & Seasoned Rice	Pasta with Meatsauce	Steak Sub	Oven Fried Chicken Wings with Confetti Rice	Mixed Green Salad with Chicken
Hot Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Hot Lunch Vegetable	Seasoned Pinto Beans	Fresh Roasted Zucchini	Fresh Broccoli	Fresh Carrots	Green Salad & Dressing
Cold Lunch	Chicken Club Wrap with Lett, Tom & bacon	Rasta Pasta Bowl with Chicken	Chicken Caesar Salad	Italian Hoagie w/ Lett, tomato & mayo	Veggie, Cheese, Fruit & Pita Bread Platter
Cold Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cold Lunch Vegetable	Fresh Carrots	Seasoned Pinto Beans	In meal w/Pita Bread & Dressing	Fresh Broccoli & Dip	In meal

February 10th to 14th Boston Collegiate Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	Muffin, 100% Juice Box & Fruit	Egg & Cheese Croissant & Fresh Fruit	Blueberry Pancakes & Apple Sauce	WG Bagel w/Butter & Fresh Fruit
Hot Lunch	Baked Mac & Cheese	Sloppy Joe on WG roll	Chicken Pad Thai over Rice Noodles	Nashville Chicken Sandwich on a WG Roll	Smashburger - WG roll
Veggie Lunch	Baked Mac & Cheese	Lentil Bolognese over rice	Bean curd & tofu Pad thai over Rice Noodles	Vegetarian Jamacian Pattie with Rice	Veggie Burger on a roll
Allergen Lunch	Grilled Chicken Sand With side of BBQ	Sloppy Joe on WG roll	Chicken stir fry over Rice Noodles	Nashville Chicken Sandwich on a EG Roll	Smashburger - WG roll
Hot Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Hot Lunch Vegetable	Vegetarian Baked Beans	Fresh Carrots	Gingered Fresh Broccoli	Fresh Cole Slaw	Oven Baked Fries
Cold Lunch	Turkey & Cheese Wrap with LT	Cool Ranch Chicken Salad sand. Lett & tom	Mediterranean Green Salad with Chicken	Yogurt Parfait with fresh Berries, & Granola	Buffalo Chicken Wrap with lettuce & tomato
Cold Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cold Lunch Vegetable	Red Pepper Strips	Fresh Carrot Stix	Mixed greens	Small Side Salad with Chic	Cole Slaw

February 24th to 28th Boston Collegiate Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	Muffin, 100% Juice Box & Fruit	Bacon, Egg & Cheese Muffin & Fresh Fruit	Fruit, Granola Yogurt Parfait	WG croissant w/ Jelly & Fresh Fruit
Hot Lunch	Orange Kicking Chicken Bites over rice noodles	Beef & Cheese Burrito	Chicken Caesar Salad with WG roll Dressing	Spicy Mango & Pineapple Chicken Wings w/ Rice & Peas	Crispy Chicken Sandwich with Cheese
Veggie Lunch	Vegetable Jambalaya	Vegetable Stir Fry with Black Beans over fried rice	Greek Pasta Salad with Feta, olives and Chic peas	Spicy Mango & Pineapple Bean Curd & Black Beans over rice	Eggplant Parmesan with Pasta
Allergen Lunch	Orange Kicking Chicken Bites over rice noodles	Beef, Bean & Rice Burrito	Grilled Chicken Salad with WG roll Dressing	Spicy Mango & Pineapple Chicken Wings w/ Rice & Peas	Crispy Chicken Sandwich
Hot Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Hot Lunch Vegetable	Fresh Carrots	Smokey Black Beans	Romaine & tomatoes	Roasted Cauliflower	Sweet Potato Salad
Cold Lunch	Turkey & Cheese Wrap with LT	Buffalo chicken wrap with lettuce & tom	Green Salad with Chicken	Veggie, Hummus & Cheddar Wrap	Italian Sub with LT & Fresh Veg
Cold Lunch Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cold Lunch Vegetable	Fresh Carrots	Fresh Broccoli & Dip	in salad with Roll	seasoned pinto beans	Fresh Zucchini stix