



Boston Collegiate February 2026 Breakfast Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Cereal (Low Sugar Trix Cereal), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in milk only)</i></p> <p>2</p>	<p>Whole Grain Granola & Yogurt, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk</i></p> <p>3</p>	<p>Whole Grain Breakfast Bun, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>4</p>	<p>Whole Grain Muffin, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>5</p>	<p>Whole Grain Croissant w/ Jelly, Pear, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>6</p>
<p>Whole Grain Cereal (Cinnamon Toast Crunch), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk (in milk only)</i></p> <p>9</p>	<p>Whole Grain Breakfast Bar, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>10</p>	<p>Whole Grain Muffin, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>11</p>	<p>Whole Grain Bagel w/ Cream Cheese, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Wheat, Milk</i></p> <p>12</p>	<p>Whole Grain Apple Bites, Pear, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i> OR Pancake & Chicken Sausage Breakfast Sandwich, Breakfast Potatoes, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>13</p>
<p>Holiday - No Meals</p> <p>16</p>	<p>No Meals</p> <p>17</p>	<p>No Meals</p> <p>18</p>	<p>No Meals</p> <p>19</p>	<p>No Meals</p> <p>20</p>
<p>Whole Grain Cereal (Honey Cheerios), Applesauce, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk (in milk only)</i></p> <p>23</p>	<p>Whole Grain Granola & Yogurt, Fruit Cup, 100% Fruit Juice, Fluid Milk <i>Allergens: Milk</i></p> <p>24</p>	<p>Whole Grain Breakfast Bun, Fresh Orange, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>25</p>	<p>Whole Grain Muffin, Fresh Apple, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>26</p>	<p>Whole Grain Croissant w/ Jelly, Pear, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i> OR Whole Grain French Toast, Chicken Sausage Patty, Fruit, 100% Fruit Juice, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>27</p>



Boston Collegiate February Lunch Menu

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<p>Chicken Nuggets, Brown Rice, Carrots, Fruit, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>2</p>	<p>Turkey Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk, Egg</i></p> <p>3</p>	<p>Cheeseburger, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i></p> <p>4</p>	<p>Crispy Chicken Sandwich, Wheat Bun, Sweet Potato Fries, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>5</p>	<p>Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>6</p>
<p>Honey Jerk Chicken, Cornbread Loaf, Green Beans & Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>9</p>	<p>Jamaican Beef Patty, Brown Rice, Stewed Beans, Apple, Fluid Milk <i>Allergens: MSG, Soy, Wheat</i></p> <p>10</p>	<p>Chicken Parmesan Sandwich, Wheat Bun, Carrots, Pear, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>11</p>	<p>Popcorn Chicken & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Banana, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>12</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>13</p>
<p>Holiday - No Meals</p> <p>16</p>	<p>No Meals</p> <p>17</p>	<p>No Meals</p> <p>18</p>	<p>No Meals</p> <p>19</p>	<p>No Meals</p> <p>20</p>
<p>Whole Grain Chicken Nuggets, Brown Rice, Carrots, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>23</p>	<p>American Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (in milk only)</i></p> <p>24</p>	<p>Grilled Cheese on Croissant, Tater Tots, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>25</p>	<p>Beef Nacho Dip w/Black Beans & Corn, Tortilla Chips(2x), Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Soy, Sunflower</i></p> <p>26</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>27</p>



Boston Collegiate February Vegetarian Lunch Menu

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<p>Chik'n Nuggets, Brown Rice, Carrots, Fruit, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>2</p>	<p>Vegetarian Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Milk, Wheat</i></p> <p>3</p>	<p>Veggie Burger & Cheese, Wheat Hamburger Bun, Baked Beans, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i></p> <p>4</p>	<p>Crispy Chik'n Sandwich, Wheat Bun, Sweet Potato Fries, Banana, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>5</p>	<p>Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>6</p>
<p>Honey Jerk Tofu, Cornbread Loaf, Green Beans & Red Peppers, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>9</p>	<p>Veggie Fritters, Brown Rice, Stewed Beans, Apple, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>10</p>	<p>Chik'n Parmesan Sandwich, Wheat Bun, Carrots, Pear, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>11</p>	<p>Popcorn Chik'n & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Banana, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>12</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Broccoli, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>13</p>
<p>Holiday - No Meals</p> <p>16</p>	<p>No Meals</p> <p>17</p>	<p>No Meals</p> <p>18</p>	<p>No Meals</p> <p>19</p>	<p>No Meals</p> <p>20</p>
<p>Chik'n Nuggets, Brown Rice, Carrots, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>23</p>	<p>Vegetarian Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Wheat, Soy, Milk (in milk only)</i></p> <p>24</p>	<p>Grilled Cheese on Croissant, Tater Tots, Pear, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>25</p>	<p>Refried Bean & Cheese Nacho Dip, Tortilla Chips(2x), Black Beans & Corn, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Sunflower</i></p> <p>26</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>27</p>

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125 [Menu subject to change](#) This institution is an equal opportunity provider Phone 617-606-7123 | Fax 617-606-7126 |

Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.



Boston Collegiate February Cold Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>2</p>	<p>Buffalo-Ranch Chicken Dip, Whole Grain Tortilla Chips, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Sunflower</i></p> <p>3</p>	<p>Sunbutter & Jelly Sandwich, String Cheese, Whole Grain Goldfish, Carrots, Fruit, Fluid Milk <i>Allergens: Soy, Sunflower, Wheat, Milk</i></p> <p>4</p>	<p>Chicken Caesar Wrap, Whole Grain Tortilla, Broccoli, Fruit, Fluid Milk, Whole Grain Gold Fish <i>Allergens: Egg, Fish, Milk, Soy, Wheat</i></p> <p>5</p>	<p>Pizza Bento Box (WG Pita, Shredded Mozzarella, Turkey-Pepperoni & Marinara), Carrots, Fruit, Fluid Milk <i>Allergens: Milk, Wheat</i></p> <p>6</p>
<p>Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>9</p>	<p>Curried Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>10</p>	<p>Southwest Black Bean & Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i></p> <p>11</p>	<p>Crispy Chicken Wrap w/ Romaine & Cheese, Broccoli, Fruit, Fluid Milk, Whole Grain Gold Fish <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>12</p>	<p>Turkey-Ham & Cheddar Cheese Sandwich, Wheat Bun, Corn & Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i></p> <p>13</p>
<p>Holiday - No Meals</p> <p>16</p>	<p>No Meals</p> <p>17</p>	<p>No Meals</p> <p>18</p>	<p>No Meals</p> <p>19</p>	<p>No Meals</p> <p>20</p>
<p>Turkey & Cheese Sandwich, Whole Grain Croissant, Carrots, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>23</p>	<p>Chicken Salad, Whole Grain Croissant, Sugar Snap Peas, Fruit, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>24</p>	<p>Southwest Black Bean & Corn Dip w/ Cheese, Whole Grain Tortilla Chips, Fruit, Fluid Milk <i>Allergens: Sunflower, Milk</i></p> <p>25</p>	<p>Crispy Chicken Wrap w/ Romaine & Cheese, Broccoli, Fruit, Fluid Milk, Whole Grain Gold Fish <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>26</p>	<p>Turkey-Ham & Cheddar Cheese Sandwich, Wheat Bun, Corn & Red Peppers, Fruit, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i></p> <p>27</p>

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