



Boston Collegiate June Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Honey Jerk Chicken, Cornbread Loaf, Carrots, Orange, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>1</p>	<p>Jamaican Beef Patty, Brown Rice, Stewed Beans, Apple, Fluid Milk <i>Allergens: MSG, Soy, Wheat, Milk (in milk only)</i></p> <p>2</p>	<p>Turkey Meatballs w/ Red Sauce & Parm, Whole Grain Pasta, Broccoli, Pear, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>3</p>	<p>Popcorn Chicken & Mashed Potato Bowl w/ Corn, Whole Grain Biscuit, Banana, Fluid Milk <i>Allergens: Milk, Wheat, Soy</i></p> <p>4</p>	<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Milk, Wheat</i></p> <p>5</p>
<p>Sweet Mango Chili Chicken, Brown Rice, Carrots, Orange, Fluid Milk <i>Allergens: Wheat, Milk (in milk only)</i></p> <p>8</p>	<p>Teriyaki Chicken, Brown Rice, Edamame, Corn & Peppers, Apple, Fluid Milk <i>Allergens: Soy, Wheat, Milk</i></p> <p>9</p>	<p>Chicken Parmesan Sandwich, Wheat Bun, Broccoli, Pear, Fluid Milk <i>Allergens: Milk, Soy, Wheat</i></p> <p>10</p>	<p>Beef Nacho Dip w/ Black Beans & Corn, Tortilla Chips, Banana, Fluid Milk, Sour Cream <i>Allergens: Milk, Soy, Wheat</i></p> <p>11</p>	<p>Whole Grain Cheese Pizza, Potato Wedges, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Milk, Soy, Wheat</i></p> <p>12</p>
<p>Grilled Cheese on Croissant, Tater Tots, Orange, Fluid Milk, Ketchup <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>15</p>	<p>American Chop Suey, Whole Grain Pasta, Broccoli, Apple, Fluid Milk <i>Allergens: Soy, Wheat, Milk (in milk only)</i></p> <p>16</p>	<p>Cheeseburger, Wheat Bun, Sweet Potato Fries, Pear, Fluid Milk, Ketchup <i>Allergens: Soy, Wheat, Milk</i></p> <p>17</p>	<p>BBQ Chicken, Baked Beans, Cornbread, Banana, Fluid Milk <i>Allergens: Egg, Milk, Soy, Wheat</i></p> <p>18</p>	<p>Holiday - No Meals</p> <p>19</p>
<p>Whole Grain Pull Apart Bread w/ Marinara Dipping Sauce, Green Beans, Fruit Cup, Fluid Milk <i>Allergens: Wheat, Milk</i></p> <p>22</p>	<p>Chicken Nuggets, Brown Rice, Carrots, Fruit Cup, Fluid Milk, Ketchup <i>Allergens: Wheat, Soy, Milk (in milk only)</i></p> <p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>29</p>	<p>30</p>			

