



# March 2024



**Redi-Pax**  
Prepare for the unexpected

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
<b>BREAKFAST</b>	<b>WG Cereal &amp; Fresh fruit</b>	<b>WG Corn Muffin and Fruit/Fruit Cup</b>	<b>WG Bagel with butter &amp; Fresh fruit</b>	<b>WG French Toast Stick &amp; Apple Sauce</b>	<b>WG Honey Bun &amp; Fruit/Fruit Cup</b>
<b>ENTRÉE</b>	Chicken fajita w/ WG Mexican rice	Cheese Lasagna with Gr Turkey & Wg roll Cheese Lasagna with mozzarella cheese & wg roll	Tortellini Pasta Salad with Diced Chicken	Arroz Con Pollo WG rice	Smash Burger with cheese wg roll
<b>VEGETARIAN</b>	refried bean burrito w/ cheese WG tortilla	Rst Turkey with Brown rice & sauce	Tortellini Pasta Salad with Shredded cheddar	Spanish WG Rice with Beans	Black bean burger with wg roll
<b>ALLERGY MEAL</b>	Same as main meal	Sweet Peas	GF Pasta Salad with Diced Chicken	Same as main meal	Turkey smash burger with gf roll
<b>VEGETABLE</b>	Mexicali corn	Fresh orange	lettuce, tomato & cucumber	Fresh Broccoli	Oven baked fries with ketchup
<b>FRUIT</b>	Pear		Diced peached	Banana	fresh fruit
<b>COLD</b>	Turkey & Cheese Wrap with fresh veg side	Chilled Taco & Rice Bowl (chic)	Mix Green Salad with Turkey, goat cheese & strawberries	Chilled Chicken Sandwich with Cole slaw	Italian hoagie with LTP
	11	12	13	14	15
<b>BREAKFAST</b>	<b>WG Cereal &amp; Fresh Fruit</b>	<b>WG Blueberry Muffin and Fruit/Fruit Cup</b>	<b>Wg Cereal &amp; Fresh Fruit</b>	<b>WG Waffle &amp; Fruit &amp; butter</b>	<b>WG Bagel &amp; Fruit/Fruit Cup &amp; butter</b>
<b>ENTRÉE</b>	Pulled BBQ Chicken W/WG roll	Chicken Alfredo with WG Pasta	Asian Chicken Cabbage salad WG roll	Baked Potato topped with Cheese WG roll	Shamrock Chicken with WG roll
<b>VEGETARIAN</b>	Veg ratatouille WG wrap w/ hummus (cold)	White Bean Alfredo with WG Pasta	Asian Black Bean Cabbage Salad WG roll	Same as main meal	Stuffed pepper w/ WG rice bean cheese stuffing
<b>ALLERGY MEAL</b>	Pulled BBQ Chicken W/Quinoa	Gr Chicken with brown rice	Gr chicken salad with GF roll	Baked Potato Topped broccoli & gr roll	same as main entrée w/ GR roll
<b>VEGETABLE</b>	Fresh Carrots	Steamed Broccoli	Cabbage, scallions and sprouts	Seasoned pinto beans (m/ma)	Irish vegetables(turnips,carrots,carmalized cabbage)
<b>FRUIT</b>	Fresh orange	Apple slices	Fresh Orange	Banana	fresh apple
<b>COLD</b>	Chicken Caesar Salad with Chix	Bacon L,T & Cheese Sandwich	Italian Hoagie with L & T	BBQ Chicken Wrap with Cheddar	Thai Chicken Rice Bowl
	18	19	20	21	22
<b>BREAKFAST</b>	<b>WG Cereal &amp; 100% Juice</b>	<b>WG Muffin with Fresh Clementine</b>	<b>WG Cereal with Fruit</b>	<b>WG French Toast Stick &amp; Apple sauce</b>	<b>WG Croissant &amp; Fruit/Fruit Cup</b>
<b>ENTRÉE</b>	Hot dog w/ wg roll	Chicken Parm with WG Pasta	Chicken Caesar salad WG roll	Asian WG Noodles with Chicken & black beans	Chicken nuggets w/ wg waffles (BBQ dip)
<b>VEGETARIAN</b>	Vegetarian dumplings w/ vegetable lo mien	Eggplant parm with WG pasta &	White Bean Caesar Salad with WG roll	Crispy tofu stir fry over wg noodles	crispy tofu nuggets w/ wg waffles (BBQ Dip)
<b>ALLERGY MEAL</b>	Cajun chicken w/ dirty rice	Chicken Primavera with garlic & Brown rice	Grilled Chicken on Green Salad gf roll	Gr Chicken Stir fry over brown rice	Naked Tenders w/ Confetti WG rice
<b>VEGETABLE</b>	Boston Baked Beans	Roasted Fresh Zucchini	lettuce, tomato	Gingered Broccoli	sweet potato fries
<b>FRUIT</b>	Fresh Orange	Apple slices	fresh pear	Banana	fresh apple
<b>COLD</b>	Bacon & Ranch Chicken Wrap	Greek Salad with Feta & Chicken	Turkey & Cheese wrap with Lett & tom	Mexican Grain bowl with Rice, black beans,	Sliced Buffalo chicken on WG roll
	25	26	27	28	29
<b>BREAKFAST</b>	<b>WG Cereal with Fresh Fruit</b>	<b>Blueberry Muffin and Fruit/Fruit Cup</b>	<b>WG Cereal with chilled peaches</b>	<b>WG Waffle &amp; Fruit &amp; butter</b>	<b>NO SCHOOL</b>
<b>ENTRÉE</b>	Brd Chicken sand WG roll	Bolognese with WG pasta	WG Pasta Pesto chicken salad	Chicken Teriyaki w/ fried rice (WG egg free)	
<b>VEGETARIAN</b>	Grilled Portobello Sand with Cheese & WG roll	Italian Style Canelli Beans over WG Pasta	Chic Pea Antipasto Salad with WG roll	vegetable Spring Roll w/ edamame WG rice	
<b>ALLERGY MEAL</b>	Grilled Chicken Sand with GF roll	Same as main meal with GF pasta	Same as main with GF pasta	Same as main meal	
<b>VEGETABLE</b>	Oven baked Sweet potatoes	Fresh Carrots	Lettuce & tomatoes	Gingered Broccoli	
<b>FRUIT</b>	Banana	Fresh Apple	Fresh Fruit	Banana	
<b>COLD</b>	Turkey & Cheddar wrap with mayo	Banh mi Chicken with pickled vegetables	Mexican Chicken Rice bowl with mango salsa	All American Hoagie with ham, bologna & cheese	

Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

Allergy Free of:

egg, gluten, dairy, peanut, fish, shellfish and sesame/nut

All meals meet the nspl guidelines - All breads, rice, pasta and rolls are WG/WGR

Milk is served with both Breakfast and Lunch. 1%, Skim or Lactaid

Fresh vegetable side is served with all cold options