

SAVE TIME & MONEY WITH FREE SCHOOL MEALS

This school year, school meals are being served differently due to the pandemic. They are FREE for all kids & teens in Massachusetts and are available at any site listed on www.meals4kids.org/meals

WHO CAN GET FREE SCHOOL MEALS?

- All kids and teens—ages 0-18, and at some locations up to 21—can get free meals, whether they are attending school or learning from home.
- Younger kids who are not yet enrolled in school can also receive meals for free.
- Parents/caregivers may pick up meals for their children.
- No registration or identification is required.

HOW CAN I GET THEM?

- Visit meals4kids.org/meals to find sites providing free to-go meals for pick up.
- Many sites offer multiple meals at a time, and meals to last the weekend.
- Depending on the community, meals may also be available through home delivery.
- If your child is attending school in-person, school meals will be available at school, in addition to to-go meals for remote days.
- You do not need to give any personal information when picking up meals at sites listed on meals4kids.org.

Find a free meal site

WWW.MEALS4KIDS.ORG/MEALS



Contact your school directly for details and more information.
If you would like assistance finding additional food resources, please contact Project Bread's FoodSource Hotline at 1-800-645-8333.

