

# January

# BREAKFAST

Unitized

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Cinnamon Crisp Zee Zee Bar with Fruit (V)</p> <p>Corn Chex and String Cheese with Fruit (V)</p>	<p>4</p> <p>Cinnamon Chex Cereal with Educational Snacks with Fruit (V)</p> <p>Berry Apple Zee Zee Bar with Fruit (V)</p>	<p>5</p> <p>Blueberry Bagel Burst and Cream Cheese with Fruit (V)</p> <p>Lemon Muffin with Fruit (V)</p>	<p>6</p> <p>French Toast Muffin with Fruit (V)</p> <p>Chex Corn with String Cheese with Fruit (V)</p>	<p>7</p> <p>Yogurt with Giant Cinnamon Grahams with Fruit (V)</p> <p>Plain Bagel and Cream Cheese with Fruit (V)</p>
<p>10</p> <p>Banana Muffin with Fruit (V)</p> <p>Cinnamon Chex Cereal and Educational Snacks with Fruit (V)</p>	<p>11</p> <p>Blueberry Muffin with Fruit (V)</p> <p>Cheerios and String Cheese with Fruit (V)</p>	<p>12</p> <p>Blueberry Bagel Burst and Cream Cheese with Fruit (V)</p> <p>French Toast Muffin with Fruit (V)</p>	<p>13</p> <p>Cinnamon Crisp Zee Zee Bar with Fruit (V)</p> <p>Cheerios and String Cheese with Fruit (V)</p>	<p>14</p> <p>Corn Chex and String Cheese with Fruit (V)</p> <p>French Toast Muffin with Fruit (V)</p>
<p>17</p> <p>Yogurt with Educational Snacks with Fruit (V)</p> <p>Corn Chex and String Cheese with Fruit (V)</p>	<p>18</p> <p>Banana Muffin with Fruit (V)</p> <p>Cheerios and Cinnamon Grahams with Fruit (V)</p>	<p>19</p> <p>Plain Bagel and Cream Cheese with Fruit (V)</p> <p>French Toast Muffin with Fruit (V)</p>	<p>20</p> <p>Lemon Muffin with Fruit (V)</p> <p>Cinnamon Chex Cereal with Educational Snacks with Fruit (V)</p>	<p>21</p> <p>Cheerios and String Cheese with Fruit (V)</p> <p>Yogurt with Educational Snacks with Fruit (V)</p>
<p>24</p> <p>Muffin French Toast with Fruit (V)</p> <p>Cheerios and Educational Snacks with Fruit (V)</p>	<p>25</p> <p>Cinnamon Chex Cereal with Educational Snacks with Fruit (V)</p> <p>Berry Apple Zee Zee Bar with Fruit (V)</p>	<p>26</p> <p>Blueberry Bagel Burst and Cream Cheese and Fruit (V)</p> <p>Lemon Muffin with Fruit (V)</p>	<p>27</p> <p>Cinnamon Crumble with Fruit (V)</p> <p>Chex Corn Cereal with String Cheese with Fruit (V)</p>	<p>28</p> <p>Yogurt with Cinnamon Grahams with Fruit(V)</p> <p>Plain Bagel with Cream Cheese with Fruit (V)</p>
<p>31</p> <p>Cinnamon Crisp Zee Zee Bar with Fruit (V)</p> <p>Corn Chex and String Cheese with Fruit (V)</p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)  
Vegetarian (V)

# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Hummus, Cheese Stick, Apple Sauce, with Crackers, Pizza Crackers, and Juice(V) (DF)</p> <p>Chicken Teriyaki Pouch, Apple Sauce, with Crackers and Juice(V)</p>	<p><b>4</b></p> <p>Cheese Pizza with Broccoli Bean &amp; Cheese Burrito with Black Beans</p> <p>Sunbutter &amp; Jelly with String Cheese Kit and Corn (V)</p>	<p><b>5</b></p> <p>BBQ Korean Beef with Carrot Rice and Broccoli(DF)</p> <p>Chicken Enchilada with Rice and Broccoli</p> <p>Southwest Veggie Wrap with Corn (V)</p> <p>Veggie Chef Salad(V)</p>	<p><b>6</b></p> <p>Mac and Cheese with Peas(V)</p> <p>Breakfast for Lunch (Pancakes/Omelet) with Roasted Potatoes(V)</p> <p>Turkey and Cheese with Corn</p> <p>Honey Mustard Chicken Wrap with Corn</p>	<p><b>7</b></p> <p>BBQ Chicken with Cheesy Rice and Pinto Beans</p> <p>Cheese Pizza with Pinto Beans</p> <p>Sunbutter and Jelly Sandwich with String Cheese and Corn(V)</p> <p>Chicken Salad Sandwich with Garbanzo Edamame and Carrots(DF)</p>
<p><b>10</b></p> <p>Calzoni Nacho Cheese Pretzel with Peas (V)</p> <p>Chicken with Garlic Noodles and Peas</p> <p>Turkey and Cheese with Corn</p> <p>Sunbutter and Jelly Sandwich with String Cheese with Corn(V)</p>	<p><b>11</b></p> <p>Cheese Lasagna with Green Beans(V)</p> <p>Bean and Cheese Pupasa with Falafel Tots(V)</p> <p>Chinese Chicken Noodles with Cabbage</p> <p>Taco Dippers with Side Salad(V)</p>	<p><b>12</b></p> <p>Cheeseburger with Broccoli Pasta Alfredo with Broccoli(V)</p> <p>Honey Mustard Chicken Wrap with Corn</p> <p>Chicken Caesar Salad</p>	<p><b>13</b></p> <p>Hot Dog with Baby Carrots(DF)</p> <p>Chicken Bites with Waffle with Carrot Coin</p> <p>Greek Flatbread with Baby Carrots(DF) (V)</p> <p>Buffalo Chicken Wrap with Baby Carrots</p>	<p><b>14</b></p> <p>Cheese Pizza with Pinto Beans(V)</p> <p>Zesty Beef Pasta with Black Beans</p> <p>Chicken Salad Sandwich with Garbanzo Bean Salad(DF)</p> <p>Sunbutter and Jelly Sandwich with String Cheese and Garbanzo Salad(V)</p>
<p><b>17</b></p> <p>Breakfast for Lunch (Pancakes/Omelet) with Roasted Potatoes(V)</p> <p>Chicken Alfredo Pasta with Carrot, Corn, &amp; Peas</p> <p>Sunbutter and Jelly Sandwich with String Cheese and Garbanzo Salad(V)</p> <p>Turkey and Cheese Sandwich with Corn</p>	<p><b>18</b></p> <p>Chicken Teriyaki with Broccoli</p> <p>Cheeseburger with Broccoli</p> <p>Greek Flatbread with Garbanzo Beans with Side Salad(DF) (V)</p> <p>Garden Salad with Chicken and Ranch</p>	<p><b>19</b></p> <p>Bean &amp; Cheese Burrito with Black Beans (V)</p> <p>Zesty Beef Pasta with Black Beans</p> <p>Chicken Salad Sandwich with Garbanzo Bean Salad (DF)</p> <p>Pesto Pasta Chicken Salad with Tomatoes</p>	<p><b>20</b></p> <p>BBQ Beef Rib Sandwich with Diced Carrots(DF)</p> <p>Cheese Lasagna with Green Beans(V)</p> <p>Chinese Chicken Noodles with Cabbage</p> <p>Southwest Veggie Wrap with Corn (V)</p>	<p><b>21</b></p> <p>Cheese Pizza with Pinto Beans</p> <p>Chicken Garlic Pasta with Broccoli</p> <p>Turkey &amp; Cheese Sandwich with Corn</p> <p>Buffalo Chicken Wrap with Baby Carrots</p>
<p><b>24</b></p> <p>Spaghetti Marinara with Green Beans(DF)</p> <p>Three Layer Fiesta Scoops with Baby Carrots(V)</p> <p>Pesto Pasta Chicken Salad with Tomatoes</p> <p>Chicken Salad Sandwich with Baby Carrots(DF)</p>	<p><b>25</b></p> <p>Cheese Lasagna with Green Beans(V)</p> <p>Hot Dog with Green Beans(DF)</p> <p>Pizza Chef Kit(V)</p> <p>Chinese Chicken Noodles with Cabbage</p>	<p><b>26</b></p> <p>BBQ Korean Beef with Carrot Rice and Broccoli(DF)</p> <p>Chicken Enchilada with Rice and Broccoli</p> <p>Southwest Veggie Wrap with Corn(V)</p> <p>Veggie Chef Salad(V)</p>	<p><b>27</b></p> <p>Mac and Cheese with Peas(V)</p> <p>Breakfast for Lunch (Pancakes/Omelet) with Roasted Potatoes(V)</p> <p>Turkey and Cheese with Corn</p> <p>Honey Mustard Chicken Wrap with Corn</p>	<p><b>28</b></p> <p>BBQ Chicken with Cheesy Rice and Pinto Beans</p> <p>Cheese Pizza with Pinto Beans(V)</p> <p>Sunbutter and Jelly Sandwich with String Cheese and Corn(V)</p> <p>Chicken Salad Sandwich with Garbanzo Edamame and Carrots(DF)</p>
<p><b>31</b></p> <p>Calzoni Nacho Cheese Pretzel with Peas(V)</p> <p>Chicken with Garlic Noodles and Peas</p> <p>Turkey and Cheese with Corn</p> <p>Chicken Salad Sandwich with Garbanzo Edamame and Carrots(DF)</p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request

# January

# SUPPER

Supper (CACFP) FULL FRESH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Hamburger with Broccoli <sup>3</sup> Sunbutter and Jelly Sandwich</p>	<p>Cheese Lasagna with Diced Carrot(V) <sup>4</sup> Turkey and Cheese Sandwich with Broccoli</p>	<p>The Revolution Dog with Baby Carrots (DF) <sup>5</sup> Southwest Veggie Wrap with Broccoli (V)</p>	<p>Sandwich Cheeseburger with Green Beans <sup>6</sup> Chicken Caesar Salad</p>	<p>Cheese Pizza with Baby Carrots (V) <sup>7</sup> Honey Mustard Chicken Wrap with Baby Carrots</p>
<p>Chicken Alfredo with Corn <sup>10</sup> Chicken Pesto Pasta Salad</p>	<p>Cheese Lasagna with Diced Carrots(V) <sup>11</sup> Chicken Sesame Salad(DF)</p>	<p>Chicken Bites with Corn(DF) <sup>12</sup> Southwest Veggie Wrap with Broccoli (V)</p>	<p>BBQ Korean Beef with Broccoli(DF) <sup>13</sup> Turkey and Cheese Sandwich with Broccoli</p>	<p>Cheese Pizza with Baby Carrots (V) <sup>14</sup> BBQ Chicken Slider with Broccoli</p>
<p>Cheese Lasagna with Diced Carrots(V) <sup>17</sup> Turkey and Cheese Sandwich with Broccoli</p>	<p>Sandwich Cheeseburger with Lettuce and Tomato <sup>18</sup> Chicken Salad Sandwich with Baby Carrots(DF)</p>	<p>Chicken Bites with Corn(DF) <sup>19</sup> Chicken Pesto Pasta Salad</p>	<p>BBQ Korean Beef with Broccoli(DF) <sup>20</sup> Garden Salad with Chicken and Ranch</p>	<p>Chicken Ranchero Rice Bake with Corn <sup>21</sup> Southwest Veggie Wrap with Broccoli (V)</p>
<p>Hamburger with Broccoli <sup>24</sup> Chicken Salad Sandwich with Baby Carrots</p>	<p>Cheese Lasagna with Diced Carrots(V) <sup>25</sup> Turkey and Cheese Sandwich with Broccoli</p>	<p>Chicken Cheddar Sandwich with Carrots, Corn, and Peas <sup>26</sup> Garden Salad with Chicken and Ranch</p>	<p>Breaded Orange Chicken with Broccoli <sup>27</sup> Turkey and Cheese Sandwich with Broccoli</p>	<p>Cheese Pizza with Baby Carrots (V) <sup>28</sup> Honey Mustard Chicken Wrap with Baby Carrots</p>
<p>Mac and Cheese with Broccoli(V) <sup>31</sup> Chicken Pesto Pasta Salad</p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)  
Vegetarian (V)

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

# January



K-12 and PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Educational Snack with Fruit <sup>3</sup> Honey Grahams with Fruit	Pizza Crackers with Fruit <sup>4</sup> Goldfish Colors with Fruit	Cinnamon Grahams with Fruit <sup>5</sup> Pretzel Goldfish with Fruit	Sunflower Seeds with Fruit <sup>6</sup> Educational Snack with Fruit	Cheddar Goldfish with Fruit <sup>7</sup> Honey Grahams with Fruit
Pizza Crackers and String Cheese <sup>10</sup> Pretzel Goldfish with Fruit	Sunflower Seeds with Fruit <sup>11</sup> Cinnamon Grahams with Fruit	Educational Snack with Fruit <sup>12</sup> Cheddar Goldfish with Fruit	String Cheese with Fruit <sup>13</sup> Cinnamon Grahams with Fruit	Pretzel Goldfish with Fruit <sup>14</sup> Honey Grahams with Fruit
Sunflower Seeds with Fruit <sup>17</sup> Educational Snack with Fruit	Goldfish Colors with Fruit <sup>18</sup> Sunflower Seeds with Fruit	Yogurt with Fruit <sup>19</sup> Pretzel Goldfish with Fruit	Honey Wheat Crackers with Fruit <sup>20</sup> Educational Snack with Fruit	Cheddar Goldfish with Fruit <sup>21</sup> Honey Grahams with Fruit
Educational Snack with Fruit <sup>24</sup> Honey Grahams with Fruit	Pizza Crackers with Fruit <sup>25</sup> Goldfish Colors with Fruit	Honey Wheat Crackers with Fruit <sup>26</sup> String Cheese with Fruit	Yogurt with Fruit <sup>27</sup> Pretzel Goldfish with Fruit	Cheddar Goldfish with Fruit <sup>28</sup> Cinnamon Grahams with Fruit
Educational Snack with Fruit <sup>31</sup> Honey Grahams with Fruit				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite** ★

# January

# LUNCH

Field Trip

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>3</b>  Corn Fruit Variety	Turkey and Cheese Sandwich with Crackers, and Applesauce (For Offsite Service) <b>4</b>  Baby Carrots Fruit Variety	Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>5</b>  Corn Fruit Variety	Cheese Sandwich with Yogurt, and Applesauce (For Offsite Service) (V) <b>6</b>  Broccoli Fruit Variety	Turkey and Cheese with Crackers, and Applesauce (For Offsite Service) <b>7</b>  Hummus Fruit Variety
Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>10</b>  Baby Carrots Fruit Variety	Cheese Sandwich with Yogurt, and Applesauce (For Offsite Service) (V) <b>11</b>  Hummus Fruit Variety	Turkey and Cheese with Crackers, and Applesauce (For Offsite Service) <b>12</b>  Baby Carrots Fruit Variety	Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>13</b>  Corn Fruit Variety	Cheese Sandwich with Yogurt, and Applesauce (For Offsite Service) (V) <b>14</b>  Broccoli Fruit Variety
Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>17</b>  Baby Carrots Fruit Variety	Turkey and Cheese Sandwich with Crackers, and Applesauce (For Offsite Service) <b>18</b>  Hummus Fruit Variety	Cheese Sandwich with Yogurt, and Applesauce (For Offsite Service) (V) <b>19</b>  Broccoli Fruit Variety	Turkey and Cheese Sandwich with Crackers, and Applesauce (For Offsite Service) <b>20</b>  Baby Carrots Fruit Variety	Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>21</b>  Corn Fruit Variety
Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>24</b>  Baby Carrots Fruit Variety	Turkey and Cheese Sandwich with Crackers, and Applesauce (For Offsite Service) <b>25</b>  Hummus Fruit Variety	Cheese Sandwich with Yogurt, and Applesauce (For Offsite Service) (V) <b>26</b>  Broccoli Fruit Variety	Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>27</b>  Corn Fruit Variety	Turkey and Cheese with Crackers, and Applesauce (For Offsite Service) <b>28</b>  Hummus Fruit Variety
Chicken Salad Sandwich with Crackers, and Applesauce (For Offsite Service) <b>31</b>  Baby Carrots Fruit Variety				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



**revolution**foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request

# January

# BREAKFAST

Special Diets

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Corn Chex &amp; String Cheese &amp; Fruit (V)</p> <p>Cheerios &amp; Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>4</p> <p>Banana Muffin &amp; Fruit (V)</p> <p>Cinnamon Chex &amp; Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>5</p> <p>Blueberry Bagel with Cream Cheese &amp; Fruit (V)</p> <p>Cheerios Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>6</p> <p>French Toast Muffin &amp; Fruit (V)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>7</p> <p>Yogurt with Giant Cinnamon Grahams &amp; Fruit (V)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>
<p>10</p> <p>Banana Muffin &amp; Fruit (V)</p> <p>Cinnamon Chex with Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>11</p> <p>Blueberry Muffin &amp; Fruit (V)</p> <p>Cheerios with Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>12</p> <p>French Toast Muffin &amp; Fruit (V)</p> <p>Corn Chex with Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>13</p> <p>Cheerios &amp; String Cheese &amp; Fruit (V)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>14</p> <p>Corn Chex &amp; String Cheese &amp; Fruit (V)</p> <p>Cheerios with Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>
<p>17</p> <p>Yogurt &amp; Educational Snacks &amp; Fruit (V)</p> <p>Cinnamon Chex Cereal with Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>18</p> <p>Banana Muffin &amp; Fruit (V)</p> <p>Cheerios &amp; Cinnamon Grahams &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>19</p> <p>Plain Bagel Burst &amp; Fruit (V)</p> <p>Cinnamon Chex with Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>	<p>20</p> <p>Lemon Muffin &amp; Fruit (V)</p> <p>Cinnamon Chex with Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>21</p> <p>Yogurt &amp; Educational Snacks &amp; Fruit (V)</p> <p>Cinnamon Chex &amp; Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>
<p>24</p> <p>French Toast Muffin &amp; Fruit (V)</p> <p>Cheerios with Educational Snacks &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>25</p> <p>Cinnamon Chex &amp; Educational Snacks &amp; Fruit (V)</p> <p>Cinnamon Zee Zee Bar &amp; Fruit (DF)</p> <p>Cinnamon Zee Zee Bar &amp; Fruit (EF)</p>	<p>26</p> <p>Blueberry Bagel with Cream Cheese &amp; Fruit (V)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>	<p>27</p> <p>French Toast Muffin &amp; Fruit (V)</p> <p>Corn Chex with Educational Snacks &amp; Fruit (DF)</p> <p>Cinnamon Zee Zee Bar &amp; Fruit (EF)</p>	<p>28</p> <p>Plain Bagel with Cream Cheese &amp; Fruit (V)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (DF)</p> <p>Apple Berry Zee Zee Bar &amp; Fruit (EF)</p>
<p>31</p> <p>Corn Chex &amp; String Cheese &amp; Fruit (V)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (DF)</p> <p>Cinnamon Crisp Zee Zee Bar &amp; Fruit (EF)</p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

Egg-Free (EF)

# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Hummus, Cheese Stick, Apple Sauce, Crackers, Vegetable Juice (V)</p> <p>Chicken Teriyaki Pouch, Apple Sauce, Crackers, Vegetable Juice (EF) (DF)</p>	<p>4</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (V)</p> <p>Chicken Bites (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Diced Carrots</b></p>	<p>5</p> <p>Cheese Enchilada (V)</p> <p>Korean BBQ Beef (DF)</p> <p>Korean BBQ Beef (EF)</p> <p><b>Broccoli</b></p>	<p>6</p> <p>Mac &amp; Cheese (V)</p> <p>Chicken Teriyaki (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Corn</b></p>	<p>7</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Cilantro Lime Pinto Beans</b></p>
<p>10</p> <p>Calzoni Nacho Cheese Pretzel (V)</p> <p>Chicken with Garlic Noodles (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Carrot, Corn, &amp; Peas</b></p>	<p>11</p> <p>Cheese Lasagna (V)</p> <p>Chicken Bites (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Green Beans</b></p>	<p>12</p> <p>Pasta Alfredo (V)</p> <p>Hamburger (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Broccoli</b></p>	<p>13</p> <p>Greek Garbanzo Flatbread Sandwich (V)</p> <p>Hot Dog (DF)</p> <p>Cheese Enchilada (EF)</p> <p><b>Diced Carrots</b></p>	<p>14</p> <p>Cheese Pizza (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Cilantro Lime Pinto Beans</b></p>
<p>17</p> <p>Breakfast for Lunch (Pancakes/Omelet) (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Green Peas</b></p>	<p>18</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (V)</p> <p>Chicken Teriyaki (DF)</p> <p>Hamburger (EF)</p> <p><b>Broccoli</b></p>	<p>19</p> <p>Bean &amp; Cheese Burrito (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Falafel Tots</b></p>	<p>20</p> <p>Southwest Veggie Wrap (V)</p> <p>BBQ Beef Rib Sandwich (DF)</p> <p>Cheese Enchilada (EF)</p> <p><b>Green Beans</b></p>	<p>21</p> <p>Cheese Pizza (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Diced Carrots</b></p>
<p>24</p> <p>Spaghetti Marinara (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Hamburger (EF)</p> <p><b>Baby Carrots</b></p>	<p>25</p> <p>Cheese Lasagna (V)</p> <p>Hot Dog (DF)</p> <p>Alfredo Pasta (EF)</p> <p><b>Green Beans</b></p>	<p>26</p> <p>Cheese Enchilada (V)</p> <p>Korean BBQ Beef (DF)</p> <p>Cheddar Cheese Sandwich (EF)</p> <p><b>Broccoli</b></p>	<p>27</p> <p>Mac &amp; Cheese (V)</p> <p>Chicken Teriyaki (DF)</p> <p>Honey Mustard Chicken Wrap (EF)</p> <p><b>Corn</b></p>	<p>28</p> <p>Cheese Pizza (V)</p> <p>Chicken Salad Sandwich (DF)</p> <p>Sunbutter &amp; Jelly Sandwich with String Cheese (EF)</p> <p><b>Cilantro Lime Pinto Beans</b></p>
<p>31</p> <p>Chili with Cornbread (V)</p> <p>BBQ Beef Rib Sandwich (DF)</p> <p>Cheddar Cheese Sandwich (EF)</p> <p><b>Baby Carrots</b></p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

## Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request